

# RIDE SMART!

CRASHES CAN HAPPEN ON YOUR FIRST LAP. SLOW DOWN BEFORE YOU SPEED UP.

## PRE-RIDE

Warm up the brain and body by inspecting the trail slowly. Take the time to check your equipment.

## RE-RIDE

Ride the trail multiple times and get to know the flow of the features.

## FREE-RIDE

Start small and work your way up to faster speeds and larger features.

# RIDE AT YOUR OWN RISK

# NO MENTUM BIKE PARK

# BIKE PARK

## RULES

### PARK HOURS: 6AM TO 10PM

**THIS IS A BIKE PARK. RIDERS HAVE THE RIGHT OF WAY AND PEDESTRIANS MUST YIELD TO RIDERS.**

#### RIDE AT YOUR OWN RISK

Mountain biking is inherently dangerous and use of these bike trails and features involves the risk of serious injury or death. You control the degree of risk you will encounter in using the trails and features in the bike park.

#### RIDE WITHIN YOUR ABILITY

Sections of these trails vary in difficulty. It is your responsibility to understand the difficulty rating symbols, choose trails and features that are within your ability, and to ride within your ability. Always ride in control and within your ability level.

#### BE AWARE OF CHANGING CONDITIONS

Features vary in difficulty and change constantly due to conditions from weather, usage, maintenance, and time of day. It is your responsibility to inspect features before use and throughout the day.

#### HELMETS ARE REQUIRED

Helmets are mandatory on all trails and bike park features. Padding is strongly recommended.

#### DO NOT BUILD OR MODIFY FEATURES

#### KNOW THE TRAILS

Trails vary in type and usage. Many trails are one-way or intended for certain users. Follow directional and user signage at the start of each trail.

#### LOOK BEFORE YOU LEAP

Only one person may use a feature at a time. Don't leap blindly, always use spotters, and clear landings quickly.

#### FOLLOW POSTED SIGNAGE

Obey all signs and warnings. Individual features and trails are closed for a reason. Do not enter trails or use features when closed.

#### MOTORIZED VEHICLES PROHIBITED

Motorized vehicles of any kind- including scooters, dirt bikes, ATVs, and RC cars- are prohibited. Class 1 e-bikes are permitted.

#### CHILDREN MUST BE ACCOMPANIED BY AN ADULT.

#### POSSESSION, USE, OR CONSUMPTION OF ALCOHOL, DRUGS, OR TOBACCO IS PROHIBITED.

#### DOGS MUST BE LEASHED AND KEPT OFF BIKE TRAILS AND BIKE PARK FEATURES AT ALL TIMES.

**THE CITY OF JOPLIN DOES NOT SUPERVISE THE USE OF THIS EQUIPMENT AND SHALL NOT BE LIABLE FOR ANY HARM OR PERSONAL INJURY RESULTING FROM THE USE OF THIS FACILITY, INCLUDING THE BIKE PARK OR TRAIL FEATURES. YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY.**

## RULES AND ETIQUETTE

### SAFETY IS THE HIGHEST PRIORITY

**USING THE BIKE PARK IS INHERENTLY DANGEROUS, AND MAY RESULT IN SERIOUS INJURIES OR DEATH.**

**SAFETY IS YOUR RESPONSIBILITY.**

**HELMETS ARE REQUIRED. NO EXCEPTIONS.**

#### SAFETY FIRST.

- Frequently check your bike and gear.
- Always be aware of your surroundings.
- Inspect your route before riding as trails and features experience frequent changes.
- Always be in control of your bike and ride at your own speed.
- Pedestrians must stay off the bike-only trails and features. Bikes must stay off the pedestrian-only trails.
- Do not move on to the next difficulty until you have mastered the previous for your safety and the safety of other riders.
- No stopping in the middle of trails or features.
- Always ride with a friend and do not ride alone.
- Inspect the trail before beginning and always know your route. **Pre-ride, re-ride, free-ride.**
- Only ride portions of trails and features that are within your abilities.
- Watch out for wildlife in the park, especially venomous snakes!
- Approach corners and intersections slowly, and yield to other riders.

#### BE COURTEOUS.

- Call out when passing someone.
- Keep to the right and pass on the left.
- Yield to younger and less experienced riders.
- No loud music, profanity, hateful language, or other disturbances of peace.
- If multiple riders are on features, you must ride in the same direction and maintain a safe distance.
- This is a learning environment, so please be respectful and encouraging to everyone.

#### ON THE TRAIL.

- Avoid skidding out and sliding on trails and features.
- Stay in the designated riding area and do not make your own paths to prevent damaging the trails.
- Do not ride a muddy trail as it can cause unnecessary erosion and lasting damage.
- Do not ride on closed trails or features. A closed trail is off limits for a reason, whether it is to protect the environment or for rider safety.

## HELP US FIND YOU

CALL 9-1-1 FIRST IN ANY EMERGENCY! TELL US THE EMERGENCY LOCATOR # YOU SEE ON A SIGN. OR, OPEN THE WHAT.3.WORDS APP.



## WHAT.3.WORDS ///

#### 1. Call 9-1-1

#### 2. Open the App

Wait a few seconds for the blue dot to settle in one place

#### 3. Locate Yourself

Tap  on iPhone or  on Android. The 3 words for your location will display at the top of the screen.

#### 4. Give the 3 Words

Read the what3words location over the phone.

#### INSTALL

